## Refresher Notes for Bowlers

- Place mat minimum of 2m from ditch
- Place outside of foot on the centre of mat prior to rolling the jack
- Hold jack in tips of the 3 middle fingers
- Be precise in distance and direction when indicating where jack needs to go towards centre line
- Jack must be within the 23m and 28 m lines on the green
- Skip should stand, feet apart over the rink number to ensure that their #1 has placed mat correctly, then walk forward to indicate where you would like the length of the jack to be
- If repositioning the jack with white pole, the jack must be placed to the side and not on the top of the stick
- Once you are in possession of mat and going to send jack, remember to place your bowl next to the mat, ready to play once jack has been correctly positioned
- Keep score board to the side of rink number. This ensures that when #2 is changing scores that they are not blocking the rink number which will hinder play
- When playing at home #2 player does the measuring and updates the scoreboard
- When playing trial ends, use 2 bowls. Bowl one forehand and the other backhand. This will give you an indication on how the green is 'playing'
- #3 picks up the mat when the opposition #3 has bowled their last bowl of the end
- When indicating scores – tap shoulder the number of shots won and put hand up, by the same method tap thigh and put hand down for shots lost
- Stay on the mat when you have bowled, until the bowls has stopped as skip should indicate how far short or through your bowl is from jack
- Remember when pushing bowls back to the mat area - Never leave them behind or to the side of the mat
- Don't crowd the head when the #2/3 are deciding shots won or lost. When this is being discussed, #1 should get mat or trolley ready for the start of the next end.
- If you sit at side of rink, on bank, during play, please ensure that your feet are not on the edge of the green as this will cause breakdown of the green edge. Place them either in the ditch or flatfooted on the green

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